

Right to Choose: GP Guide (May 2026)

Provider	Adult Right To Choose ADHD Assessment	Child Right to Choose ADHD Assessment	Authorised to provide NHS ADHD Medication Prescriptions? (Where clinically appropriate)	Adult Right To Choose Autism Assessment	Child Right To Choose Autism Assessment	Will the provider enter shared care with the referring GP?	Digital, Face to Face or both*
ADHD 360	Yes	Yes	Yes	Yes	Yes	Yes	Digital only for RTC
Atom Mindcare	Yes	See Other Factors to Consider	Yes	Yes	No	Yes	ADHD: Both but primarily digital Autism: Both
Axia	No	No	No	Yes	No	Yes	Digital only for RTC
Berkeley Psychiatrists	Yes	No	Yes	No	No	Yes	Both
Care ADHD	Yes	No	Yes	No	No	Yes	Digital only for RTC
Clinical Partners	Yes	Yes	Yes	Yes	Yes	Yes	Both
Dr J and Colleagues	Yes	No	Yes	Yes	No	Yes	Digital only for RTC
Evolve Psychology	No	Yes	No	Yes	Yes	No	Both
Harley Street Mental Health	Yes	No	Yes	Yes	No	Yes	ADHD: Both Autism: Both

Provider	Adult Right To Choose ADHD Assessment	Child Right to Choose ADHD Assessment	Authorised to provide NHS ADHD Medication Prescriptions? (Where clinically appropriate)	Adult Right To Choose Autism Assessment	Child Right To Choose Autism Assessment	Will the provider enter shared care with the referring GP?	Digital, Face to Face or both*
Owl Centre	Yes	Yes	Yes	No	Yes	Yes See Other Factors to Consider	Both
Paloma (Your Patient Choice)	No	No	No	No	Yes	No	Digital only for RTC
PROBLEM SHARED	Yes	No	Yes	Yes	No	Yes	Digital only for RTC
Psicon	Yes	Yes	Yes	No	Yes	Yes	Both
Psychiatry-UK	Yes	No	Yes	Yes	No	Yes	Digital only for RTC
RTN Mental Health Solutions	Yes	No	Yes	Yes	Yes	Yes	Digital only for RTC
Skylight	Yes	No	No	Yes	No	Yes	Digital only for RTC
Speech and Language Therapy West Midlands	No	Yes	No	No	Yes		CYP: Face to face All age Autism: Both
Shropshire ADHD Service	No	Yes	Yes	No	Yes	Yes	Face to face
Shropshire Autism Service	No	No	No	Yes	Yes	NA	Both